

Frequently Asked Questions

What is Sports Medicine & Rehabilitation?

Equine sports medicine is a rapidly growing discipline focussed on maximising performance of the equine athlete, whether a group one thoroughbred, a champion showjumper or a child's mounted games horse (and everything in between). We diagnose and treat injuries associated with these horses. The rehabilitation of horses that have performance-limiting injuries or medical problems have been largely based on anecdotes and traditional practices. There is little research or evidence behind many of the therapies/rehabilitation modalities used today. One of the missions of our Sports Medicine and Rehabilitation Centre is to perform research in these areas to enhance knowledge that allows veterinarians to make the best possible diagnostic and therapeutic choices.

Are there any services that CEC doesn't provide?

CEC will continue to provide a wide range of services delivered by experienced specialists in the areas of internal medicine, surgery and sports medicine and rehabilitation. Our expanded ambulatory service will be on-call and able to attend your horse 24/7 on-farm. If it is decided that your horse needs further treatment in hospital, including most surgeries and medical treatments, they can continue the treatment of your horse at the Camden Equine Centre. However, intensive cases that might require 24-hour nursing, intensive care or afterhours emergency surgery may be referred onto another specialist service.

Our specialists are available during the equine hospital opening hours and are excited to continue to collaborate with referring vets and help owners with their horse's health. Due to the

nature of some illnesses <u>please see below</u> for list of typical cases which will be seen at CEC or referred to an alternate 24/7 specialist hospital after 14th December.

If CEC can't treat my horse where do I go?

There are two current 24/7 specialist equine hospitals located one hour from Camden Equine Centre.

Agnes Banks Equine Clinic - 5 Price Lane, Agnes Banks

Ph: (02) 4588 5200 After hours: 0448 885 200

Email: clinic@abec.net.au

Randwick Equine Centre – Corner of King Street and Frederick Street, Canterbury Racecourse, Canterbury Phone: 02 9399 7722

Email: reception@randwickequine.com.au

Do you do surgeries?

Yes – Camden Equine Centre is able to continue to offer a broad range of surgeries as described in the list on page 3. Your horse is able to have surgery and the aftercare overseen by qualified specialist surgeons.

What is elective surgery?

Elective surgery is non-emergency surgery which is medically necessary but can be typically scheduled in advance. Examples include arthroscopy to remove a chip fragment or a cryptorchid castration.

Please note at the CEC we are still able to treat some emergency surgeries where they can be performed during routine business hours. For example, lacerations, wound repair, septic joints and tendon sheaths. For any further questions please don't hesitate to call the surgical team at the Centre to discuss your particular needs.



Frequently Asked Questions

My horse is showing signs of colic, can I bring them into the clinic?

If your horse is showing very severe signs of colic or the colic occurred suddenly in the last few hours, or the colic did not respond to pain relief, then you need to either call-out one of our ambulatory veterinarians, or take the horse to an alternative ICU hospital for immediate workup and possible abdominal surgery.

If your horse is showing mild signs of colic, has been occurring on and off for the past few weeks/ months and responds to pain relief or spontaneously resolves, then yes you can choose to bring your horse in for a chronic colic workup.

Do I need a referral for my horse to see the Sports Medicine team?

No, we accept both referrals from your attending veterinarian or you are welcome to call us and arrange to see us without a referral. However, if you have been working with your veterinarian on a lameness or poor performance issue, it is generally best to involve them in the further diagnosis and treatment of your horse.

Do you only see complex cases? My horse needs general health care including teeth and vaccinations, can CEC treat this?

General health care (including regular dental assessments, worming and vaccination) is critical in maintaining optimal health for our equine companions and athletes. Our ambulatory service will continue to provide these services as before, with appointment times available 8-4pm Monday-Friday. We recommend a dental assessment every year. Vaccination protocols will depend on your horse's needs.

What if I have an emergency during the night, public holidays or weekend?

Call our afterhours phone <u>0412 462 588</u> (Please note this phone is not monitored in regular hours). Our experienced on-call ambulatory service can attend your horse 24/7 on-farm.

I want to book my horse in for a lameness examination, what is involved, how long will it take and how much will it cost?

A simple lameness examination with a couple of nerve blocks, use of the Lameness Locator, and a set of x-rays is around \$450-\$600 but this can vary depending on the nature of the lameness, and how long it takes to localise the problem/ what diagnostics are needed

My horse is an existing patient of CEC with ongoing treatment needs not related to sports medicine, will I need to find a new vet?

No, you will not need to find a new vet. Our experienced team will be able to continue to take care of your horse.

Do you only see horses and ponies?

The ambulatory service also sees camelids (alpacas and llamas) on a case-by-case basis for general health matters and some emergencies. If you have a question regarding your alpaca or llama feel free to call the clinic and we will discuss the case with you and make a plan for care as needed.



Services

Cases CEC will continue to provide service to after 14/12/20

- Lameness Examinations
- Nuclear Scintigraphy (bone scan)
- Magnetic Resonance Imaging Scans
- Poor performance including those requiring cardiac workup
- Pre-purchase examinations
- High Speed Treadmill endoscopy
- Eye cases, including eyes for conjunctival graft/ophthalmic surgeries
- Allergic airway/Inflammatory airway/chronic coughing + poor performance
- Head shaker cases
- Skin diseases
- Wobblers' for insurance claim or Wobbler's workup (X ray, Myelogram)
- Gastroscopy for equine gastric ulcer syndrome
- Chronic colic workup
- Low grade chronic diarrhoea with stable patient (eg IBD)
- Geriatric management consultation (eg Cushings)
- Equine Metabolic Syndrome consult
- Weight loss with a stable patient
- Wounds/ lacerations: suture repair, skin grafting, short- and long-term management
- Septic (infected) joints/ tendon sheaths/ bursa
- Foals: tendon/ ligament surgery, umbilical hernia, periosteal strips, angular limb deformity
- Urogenital surgery: Cryptorchid/ castrations/ ovariectomy, bladder stones
- Orthopedic surgery: arthroscopy, fractures, nerve/ ligament/ muscle surgery
- Upper airway: tie forward, tieback
- Laser surgery: for airway, sarcoids and other tumors
- Acupuncture

Cases CEC are unable to provide service to after 14/12/20

- Colic surgery
- Dystocia
- Colitis and foal diarrhoea
- Dummy/Septic/Maladjusted foals
- Horses with fever and neurological signs (Hendra suspect)
- Pleuropneumonia
- Horses requiring IV fluids